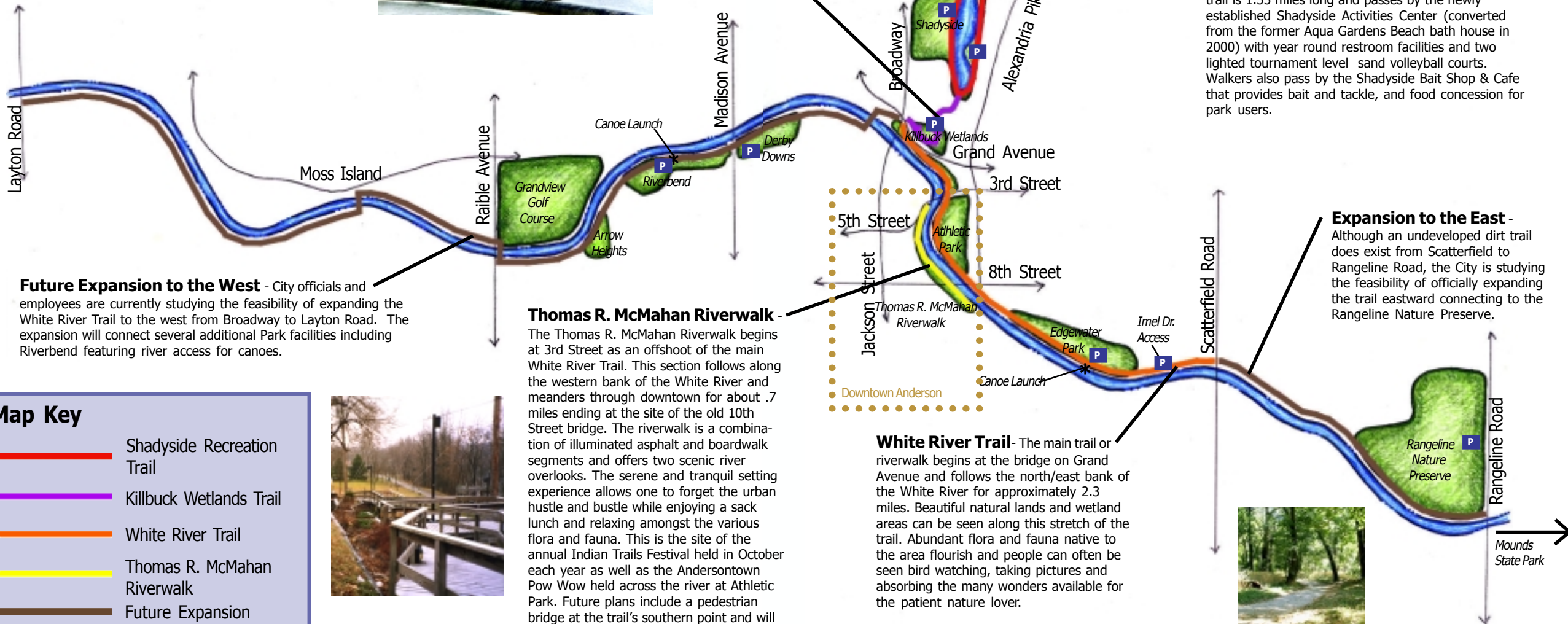


Anderson's Trail System offers a variety of activities and scenery connecting its users to both nature and the City.



Killbuck Wetlands Trail - In 1991 the Killbuck Wetlands was created on land reclaimed from an auto salvage and junkyard. The wetland trail is connected to the south loop of the Shadyside trail and offers both asphalt and boardwalk trails spanning .33 miles. The trail lies in an area packed with abundant wildlife and beautiful landscapes. The area is the temporary home for a variety of species of migratory birds.

Shadyside Recreation Area Recreation Trail - The 2.65 mile trail encircles the lakes at Shadyside Recreation Area. The area contains two lakes covering 68 acres used for fishing and non-powered recreational boating. The trail within the area is actually divided into two trails by a rustic covered bridge. The north trail is approximately 1.1 miles in length and was upgraded in 1990 to also become the City's first lighted walking trail. The south trail is 1.55 miles long and passes by the newly established Shadyside Activities Center (converted from the former Aqua Gardens Beach bath house in 2000) with year round restroom facilities and two lighted tournament level sand volleyball courts. Walkers also pass by the Shadyside Bait Shop & Cafe that provides bait and tackle, and food concession for park users.



Future Expansion to the West - City officials and employees are currently studying the feasibility of expanding the White River Trail to the west from Broadway to Layton Road. The expansion will connect several additional Park facilities including Riverbend featuring river access for canoes.

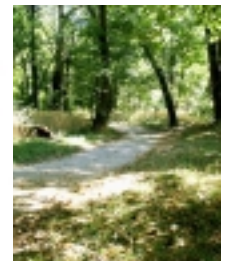
Thomas R. McMahan Riverwalk - The Thomas R. McMahan Riverwalk begins at 3rd Street as an offshoot of the main White River Trail. This section follows along the western bank of the White River and meanders through downtown for about .7 miles ending at the site of the old 10th Street bridge. The riverwalk is a combination of illuminated asphalt and boardwalk segments and offers two scenic river overlooks. The serene and tranquil setting experience allows one to forget the urban hustle and bustle while enjoying a sack lunch and relaxing amongst the various flora and fauna. This is the site of the annual Indian Trails Festival held in October each year as well as the Andersontown Pow Wow held across the river at Athletic Park. Future plans include a pedestrian bridge at the trail's southern point and will cross the White River and rejoin the main trail at Edgewater Park.

White River Trail - The main trail or riverwalk begins at the bridge on Grand Avenue and follows the north/east bank of the White River for approximately 2.3 miles. Beautiful natural lands and wetland areas can be seen along this stretch of the trail. Abundant flora and fauna native to the area flourish and people can often be seen bird watching, taking pictures and absorbing the many wonders available for the patient nature lover.

Expansion to the East - Although an undeveloped dirt trail does exist from Scatterfield to Rangeline Road, the City is studying the feasibility of officially expanding the trail eastward connecting to the Rangeline Nature Preserve.

Map Key

- Shadyside Recreation Trail
- Killbuck Wetlands Trail
- White River Trail
- Thomas R. McMahan Riverwalk
- Future Expansion
- P Parking



Health & Wellness

Individual health and wellness is important to the health of the community as a whole. The City is proud to offer the means to a healthier individual through its trail system. Whether walking, jogging, biking or blading, everyone can benefit year-round. If you are starting a new exercise program, it is important to consult with your physician prior to beginning, especially if you have a history of health problems.

- **Warm Up:** 5 to 10 minutes of low impact exercise such as walking, slow jogging, or stretching exercises

- **Cardiorespiratory Endurance:** at least three 20 minute sessions of aerobic conditioning (brisk walking, jogging, cycling, or rollerblading) per week

- **Flexibility:** 10 to 12 minutes of daily stretching performed slowly without a bouncing motion, can be included as part of your warm-up or cool-down

- **Cool Down:** minimum of 5 to 10 minutes of slow walking, or low-level exercise combined with stretching

- **Enjoy the Scenery!!!!**



Contact Information

Parks Main Office

(765) 648-6858
101 East Oak Street
P.O. Box 2100
Anderson, Indiana 46018

Spoke & Wheel Bicycle Club

www.spokeandwheel.funurl.com
Steve Rybolt, Webmaster
swrybolt@aol.com

Anderson Road Runners

Weekly run/walk for fitness every Thursday starting in May at the Activity Center; 5:15p.m. for kids & 6:00p.m. for adults.

Steve Hagensieker
srhjacks@insightbb.com
www.andersonroadrunners.org

White River Watchers

Dick Fetty
(765) 754-8200
P.O. Box 185
Markleville, IN 46056-0185
email: whiteriverwatchers.org

Anderson's Trail System *Connecting People and Nature*



Welcome....

The City of Anderson has many "jewels" to offer visitors and residents. One of the brightest is the Anderson's trail system. With the increase focus on better health and exercise, the Parks Department responded with the installation and expansion of the White River Corridor Trail System. In addition to the health benefits, a person can experience the many wonders Mother Nature has to offer while nestled in the middle of an urban setting. The trail system is a combination of four separate, yet connecting trails: The Shadyside Recreation Area Trail, the Killbuck Wetlands, the Thomas R. McMahan Riverwalk, and the White River Trail. The four trails meander through the city for a distance of 6.5 miles. In addition to these trails, the Parks Department also offers two other "loop" trails, a .33 mile lighted walking trail at Jackson Park and a new 1.25 mile trail at General Pulaski Park.

Enjoy your visit and please come back often. Our trails are for the public to enjoy.

